



## VERY REVEREND CANON LIAM O'REGAN RIP

*Fr. Liam's family wish to express their appreciation and gratitude to everybody in Douglas Parish for their support and prayers. They are particularly grateful for the lovely send-off he received from the parish last week.*

***NB A recording of Canon Liam's Requiem Mass on Friday 10<sup>th</sup> Feb '23 is available on Parish of Douglas and Rochestown Website***

### **BAPTISMS**

We welcome to the Christian community the following who were baptised recently:

**Jack Michael Cahalane**, son of Clare & Ian, Lehenaghmore.

**Traolach O'Flynn**, son of Sadhbh & Ryan, Delford Drive

### **DEATHS**

The deaths took place of the following: **Canon Liam O' Regan**, Douglas, **Dorothy Creedon**, Shamrock, Lawn, beloved wife of the late Rick and loving mother of Jackie & Bernard. **Milo Bohane**, Rochestown, dearly loved husband of Maura, loving father of Michael, Martin, Aoife, Neil. May they rest in peace. Ar dheis lámh Dé go raibh siad.

### **NEWS DESK**

**Ash Wednesday 22<sup>nd</sup> February '23 Masses in St. Columba's @ 10.00am & 7.30pm & St. Patrick's @ 9.30am, with blessing & distribution of Ashes at each Mass.**

In the readings for Ash Wednesday there is a great consciousness of our sinfulness, as we pray '*Have mercy us O Lord, for we have sinned*' There is also a sense that the time to repent and turn back is now. The Gospel tells us how to approach that renewal of our lives. It puts before us the remedy in prayer, fasting and almsgiving. These three strands of Lenten observance are as ancient as Christianity itself. There is no substitute for them '*Fasting is the soul of prayer, mercy is the lifeblood of fasting. If we have not all three together, we have nothing.*' says St. Peter Chrysologus.

### **FAREWELL SR FRANCES**

**Sr. Frances Cummins, RSM**, arrived on Rochestown Rd in the Summer of 2012.

During that time Frances has been deeply involved with the formation of the Altar Servers, Preparing Adults for the Sacraments etc.

As she moves later this week to Bishopstown to her new abode we wish her health and contentment.

We all appreciated her presence among us and the great contribution she has made to the Faith Community of Rochestown/Douglas.

*Frances, Thank you. Frs. Pat and Teddy*

## Notices

### **The Cork Regional Pioneer Council**

The Novena in honour of Matt Talbot will begin on Monday 27th February 2023 at 7.30 p.m. in The Way of the Cross Church, Togher. The Novena will be held each Monday during Lent.

**THE CORK AND ROSS DIOCESAN PILGRIMAGE TO LOURDES** will take place from FRI 22nd to WED 27th SEP '23. Further details are available on [www.corkandross.org](http://www.corkandross.org) or via e-mail at [lourdes@corkandross.org](mailto:lourdes@corkandross.org) (Information is also available from Joe Walsh Tours (01 2410800)). Cost: €849 to €899 with a choice of hotels. People, families and parishes throughout the Diocese are invited to travel to Lourdes with the Diocese in 2023. Those who may wish to travel as helpers, nurses or doctors to assist pilgrims in Lourdes should contact [lourdes@corkandross.org](mailto:lourdes@corkandross.org).

**Young Adult Helpers 18-25 year olds. (subsidised fares) 22<sup>nd</sup> to 27<sup>th</sup> September 2023** contact [lourdes@corkandross.org](mailto:lourdes@corkandross.org) 'Our pilgrimage is a time for reflection, for prayer, for service and for making new friends'. For more information Tel: 085 25 25 040.

**Workshop facilitated by Fr Jim Cogley** 'Getting the past out of the present' 'Finding freedom from Personal and Ancestral issues.' **Saturday 4th March 10am - 4pm St Columbas Parish Centre Douglas** Cost €25 Contact Noreen Peate 086 3157144 [noreenpeate@yahoo.ie](mailto:noreenpeate@yahoo.ie)

**Cork Flower and Garden Club** will hold their Club night on **Tuesday, 21st Feb at 7.30pm in Garryduff Sports Centre**. Demonstration is by Jasmine O Gorman AOIFE and 'Spring' is the theme for the Demonstration and Competitions - usual raffle. New members and visitors are most welcome for the start of an exciting season.

**Medjugorje Pilgrimage** from Cork to Mostar **30 Aug to 6 Sept**. Only €100 deposit. Ph Angela Gowing 087 6140076 or come to prayer meeting Holy Trinity Church, Fr Matthew Quay at 8pm every Wednesday.

### **Feast Days Week Commencing 20 Feb '23**

#### **Tuesday 21 Feb '23: St Peter Damian, Bishop, Doctor of the Church.**

Born in Ravenna (Italy) in 1007; died on 22 February 1072. Became a hermit monk after a career as a professor. Ardent, energetic, and strict, an outspoken reformer of Church life and discipline. Appointed cardinal-bishop of Ostia, he became a diplomat and ecclesiastical statesman, a scholarly reformer devoted to Christ.

Peter was born at Ravenna into a large but poor family. He lost both his parents in childhood and while supposedly in the care of his brother was being treated as a slave. Another brother Damian was archpriest at Ravenna. He rescued Peter, gave him a good education in grammar, rhetoric and law at Faenza and Parma and Peter became a professor at Ravenna. Peter was already leading an ascetic life, fasting, wearing a hair

shirt and using the discipline when he joined the Camaldolese Benedictine followers of St Romuald at Fonte Avellana. On the abbot's death in 1043, Peter became the head of his community and founded five other hermitages.

### **Thursday 23 February 2023**

St Polycarp, Bishop, Martyr. Born about the year 69; died on this day about 155 at Smyrna (Turkey), where he had been the beloved and respected bishop. A disciple of Saint John the apostle, who wrote to the Philippians to strengthen their faith and to defend the Church against heresy. Noted for his fearless acknowledgment of Christ, and honoured as one of the apostolic fathers of the Church.

Polycarp's most significant teacher, with whom he studied personally, was St. John – whose contributions to the Bible included not only the clearest indication of Jesus' eternal divinity, but also the strongest assertions of the human nature he assumed on behalf of mankind. By contrast, certain tendencies had already emerged among the first Christians – to deny the reality of Jesus' literal suffering, death, and resurrection, regarding them as mere “symbols” of highly abstract ideas.

### **Lens of the Gospel:**

### **Seventh Sunday in Ordinary Time 19 February 2023 o Day of Prayer for Temperance**

1. Jesus tells us to act out of love and says that acting out of love is better than acting out of revenge. What does your experience tell you?
2. Perhaps you have at times hit back in revenge when you have been hurt or offended. What effect did this have on you, on others, and on your relationship with them? Contrast this with the times when you resisted the urge to retaliate. What outcome did this have on you, on others, and on your relationship with them ... at the time, and in the long-term?
3. From other passages in the gospels it is clear that Jesus did not mean that we should ignore injustices, and never make a stand against others. What lessons have you learned in life on when, and how, to make a stand? What wisdom would you share with others from your experience? **Intercom**